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NURSING CARE PLAN

ASSESSMENT	DIAGNOSIS	INFERENCE	PLANNING	INTERVENTION	RATIONALE	EVALUATION
Subjective: "Natatakot ako bigla na lang akong dinugo" as verbalized by the patient. Objective: • Restlessness. • Increased tension. • Feelings of helplessness • V/S taken as follows: T: 37.2 P: 90 R: 18 Bp: 110/80	Fear related to change in health status.	• Dysfunctional uterine bleeding is abnormal uterine bleeding in the absence of clinical or ultrasonographic evidence of structural abnormalities, inflammation, or pregnancy. Treatment is usually with oral contraceptives. Dysfunctional uterine bleeding (DUB), the most common cause of abnormal uterine bleeding, occurs most often in women > 45 (> 50% of cases) and in adolescents (20% of cases). The cause is usually estrogen	• After 4 hrs. Of nursing interventions, the patient will report fear and anxiety are reduced to a manageable level.	Independent: • Identify patient's perception of threat represented by the situation. • Encourage patient to acknowledge and express fears. • Provide opportunity for discussion of personal feelings or concerns and future expectations. • Identify previous coping strengths of the patient and current areas of control or ability	• Defines scope of individual problem, separate from physiological causes, and influences choice of intervention. • Provides opportunity for dealing with concerns, clarifies reality of fears, and reduces anxiety to manageable level. • Family members have individual responses to what is happening, and their anxiety may be communicated to patient, intensifying this emotion. • Focuses attention on own capabilities, increasing sense of control.	• After 4 hrs. Of nursing intervention s, the patient was able to report fear and anxiety are reduced to a manageable level.

Diagnosa Keperawatan/ Masalah Kolaborasi	Rencana keperawatan	
	Tujuan dan Kriteria Hasil	Intervensi
Bersihan Jalan Nafas tidak efektif berhubungan dengan: - Infeksi, disfungsi neuromuskular, hiperplasia dinding bronkus, alergi jalan nafas, asma, trauma - Obstruksi jalan nafas : spasme jalan nafas, sekresi tertahan, banyaknya mukus, adanya jalan nafas buatan, sekresi bronkus, adanya eksudat di alveolus, adanya benda asing di jalan nafas. DS: - Dispneu DO: - Penurunan suara nafas - Orthopneu - Cyanosis - Kelainan suara nafas (rales, wheezing) - Kesulitan berbicara - Batuk, tidak efektif atau tidak ada - Produksi sputum - Gelisah - Perubahan frekuensi dan irama nafas	NOC: ❖ Respiratory status : Ventilation ❖ Respiratory status : Airway patency ❖ Aspiration Control Setelah dilakukan tindakan keperawatan selama ……..pasien menunjukkan keefektifan jalan nafas dibuktikan dengan kriteria hasil : ❖ Mendemonstrasikan batuk efektif dan suara nafas yang bersih, tidak ada sianosis dan dyspneu (mampu mengeluarkan sputum, bernafas dengan mudah, tidak ada pursed lips) ❖ Menunjukkan jalan nafas yang paten (klien tidak merasa tercekik, irama nafas, frekuensi pernafasan dalam rentang normal, tidak ada suara nafas abnormal) ❖ Mampu mengidentifikasikan dan mencegah faktor yang penyebab. ❖ Saturasi O2 dalam batas normal ❖ Foto thorak dalam batas normal	• Pastikan kebutuhan oral / tracheal suctioning. • Berikan O2 ……l/mnt, metode…….. • Anjurkan pasien untuk istirahat dan napas dalam • Posisikan pasien untuk memaksimalkan ventilasi • Lakukan fisioterapi dada jika perlu • Keluarkan sekret dengan batuk atau suction • Auskultasi suara nafas, catat adanya suara tambahan • Berikan bronkodilator : - …… - …… - …… • Monitor status hemodinamik • Berikan pelembab udara Kassa basah NaCl Lembab • Berikan antibiotik : …… …… • Atur intake untuk cairan mengoptimalkan keseimbangan. • Monitor respirasi dan status O2 • Pertahankan hidrasi yang adekuat untuk mengencerkan sekret • Jelaskan pada pasien dan keluarga tentang penggunaan peralatan : O2, Suction, Inhalasi.

Nanda Nursing Diagnosis for Depression

Depression is a state of low mood and aversion to activity that can have a negative effect on a person's thoughts, behavior, feelings, world view and physical well-being.

Symptoms

- Sadness
- Loss of interest or pleasure in activities you used to enjoy
- Change in weight
- Difficulty sleeping or oversleeping
- Energy loss
- Feelings of worthlessness
- Thoughts of death or suicide

Depressed people may lose interest in activities that once were pleasurable; experience loss of appetite or overeating; have problems concentrating, remembering details, or making decisions; and may contemplate or attempt suicide. Insomnia, excessive sleeping, fatigue, loss of energy, or aches, pains or digestive problems that are resistant to treatment may be present. They may feel sad, anxious, empty, hopeless, worried, helpless, worthless, guilty, irritable, hurt, or restless.

Depression in women

Rates of depression in women are twice as high as they are in men. This is due in part to hormonal factors, particularly when it comes to premenstrual syndrome (PMS), premenstrual dysphoric disorder (PMDD), postpartum depression, and perimenopausal depression. As for signs and symptoms, women are more likely than men to experience pronounced feelings of guilt, sleep excessively, overeat, and gain weight. Women are also more likely to suffer from seasonal affective disorder.

Depression in men

Depression is a loaded word in our culture. Many associate it, however wrongly, with a sign of weakness and excessive emotion. This is especially true with men. Depressed men are less likely than women to acknowledge feelings of self-loathing and hopelessness. Instead, they tend to complain about fatigue, irritability, sleep problems, and loss of interest in work and hobbies. Other signs and symptoms of depression in men include anger, aggression, violence, reckless behavior, and substance abuse. Even though depression rates for women are twice as high as those in men, men are a higher suicide risk, especially older men.

9 Nanda Nursing Diagnosis for Depression

1. Risk for self-directed violence / Risk for Suicide

2. Ineffective coping

3. Hopelessness

4. Social isolation

Nursing Diagnoses Accepted for Use and Research (2015–2017)

- Activity Intolerance [specify level]
- Activity Intolerance, risk for
- Activity Planning, ineffective
- Activity Planning, risk for ineffective
- Adverse Reaction to Iodinated Contrast Media, risk for
- Airway Clearance, ineffective
- Allergy Response, risk for
- Anxiety [specify level]
- Aspiration, risk for
- Attachment, risk for impaired
- Autonomic Dysreflexia
- Autonomic Dysreflexia, risk for
- Behavior, disorganized infant
- Behavior, risk for disorganized infant
- Behavior, readiness for enhanced organized infant
- Bleeding, risk for
- Blood Glucose Level, risk for unstable
- Body Image, disturbed
- Body Temperature, risk for imbalanced
- Breast Milk, insufficient
- Breastfeeding, ineffective
- Breastfeeding, interrupted
- Breastfeeding, readiness for enhanced
- Breathing Pattern, ineffective
- Cardiac Output, decreased
- Caregiver Role Strain
- Caregiver Role Strain, risk for
- Cardiac Output, risk for decreased
- Cardiovascular Function, risk for impaired
- Childbearing Process, ineffective
- Childbearing Process, readiness for enhanced
- Childbearing Process, risk for ineffective
- Chronic Pain Syndrome
- Comfort, impaired
- Comfort, readiness for enhanced
- Communication, impaired verbal
- Communication, readiness for enhanced
- Confusion, acute
- Confusion, risk for acute
- Confusion, chronic
- Constipation
- Constipation, perceived
- Constipation, risk for
- Contamination
- Contamination, risk for
- Coping, compromised family
- Coping, defensive
- Coping, disabled family
- Coping, ineffective
- Coping, ineffective community
- Coping, readiness for enhanced
- Coping, readiness for enhanced community
- Coping, readiness for enhanced family
- Corneal Injury, risk for
- Death Anxiety
- Decision-Making, readiness for enhanced
- Decisional Conflict
- Delayed Surgical Recovery, risk for
- Denial, ineffective
- Dentition, impaired
- Development, risk for delayed
- Diarrhea
- Disuse Syndrome, risk for
- Diversional Activity, deficient
- Dry Eye, risk for
- Electrolyte Imbalance, risk for
- Emancipated Decision-Making, impaired
- Emancipated Decision-Making, readiness for enhanced
- Emancipated Decision-Making, risk for impaired
- Emotional Control, labile
- Falls, risk for
- Family Processes, dysfunctional
- Family Processes, interrupted
- Family Processes, readiness for enhanced
- Fatigue
- Fear [specify focus]
- Feeding Pattern, ineffective infant
- Fluid Balance, readiness for enhanced
- Fluid Volume, deficient
- Fluid Volume, excess
- Fluid Volume, risk for deficient
- Fluid Volume, risk for imbalanced
- Frail Elderly Syndrome
- Frail Elderly Syndrome, risk for
- Functional Constipation, chronic
- Functional Constipation, chronic, risk for
- Gas Exchange, impaired
- Gastrointestinal Motility, dysfunctional
- Gastrointestinal Motility, risk for dysfunctional
- Gastrointestinal Perfusion, risk for ineffective
- Grieving
- Grieving, complicated
- Grieving, risk for complicated
- Growth, risk for disproportionate
- Health, deficient community
- Health Behavior, risk-prone
- Health Maintenance, ineffective
- Health Management, ineffective
- Health Management, ineffective family
- Health Management, readiness for enhanced
- Home Maintenance, impaired
- Hope, readiness for enhanced
- Hopelessness
- Human Dignity, risk for compromised
- Hyperthermia
- Hypothermia
- Hypothermia, risk for
- Impaired Oral Mucous Membrane, risk for
- Impaired Tissue Integrity, risk for
- Impulse Control, ineffective
- Incontinence, bowel
- Incontinence, functional urinary
- Incontinence, overflow urinary
- Incontinence, reflex urinary
- Incontinence, stress urinary
- Incontinence, urge urinary
- Incontinence, risk for urge urinary
- Infection, risk for
- Injury, risk for
- Insomnia
- Intracranial Adaptive Capacity, decreased
- Jaundice, neonatal
- Jaundice, risk for neonatal
- Knowledge, deficient [specify learning need]
- Knowledge [specify], readiness for enhanced
- Labor Pain
- Latex Allergy Response,
- Latex Allergy Response, risk for
- Lifestyle, sedentary
- Liver Function, risk for impairment
- Loneliness, risk for
- Maternal/Fetal Dyad, risk for disturbed
- Memory, impaired
- Mobility, impaired bed
- Mobility, impaired physical
- Mobility, impaired wheelchair
- Mood Regulation, impaired
- Moral Distress
- Nausea
- Noncompliance [ineffective Adherence] [specify]
- Nutrition: less than body requirements, imbalanced
- Nutrition, readiness for enhanced
- Obesity
- Oral Mucous Membrane, impaired
- Overweight
- Overweight, risk for
- Pain, acute
- Pain, chronic
- Parenting, impaired
- Parenting, readiness for enhanced
- Parenting, risk for impaired
- Perioperative Hypothermia, risk for
- Perioperative Positioning Injury, risk for
- Peripheral Neurovascular Dysfunction, risk for
- Personal Identity, disturbed
- Personal Identity, risk for disturbed
- Physical Mobility, impaired
- Poisoning, risk for
- Post-Trauma Syndrome [specify stage]
- Post-Trauma Syndrome, risk for
- Power, readiness for enhanced
- Powerlessness [specify level]
- Powerlessness, risk for
- Pressure Ulcer, risk for
- Protection, ineffective
- Rape-Trauma Syndrome
- Relationship, ineffective
- Relationship, readiness for enhanced
- Relationship, risk for ineffective
- Religiosity, impaired
- Religiosity, readiness for enhanced
- Religiosity, risk for impaired
- Relocation Stress Syndrome
- Relocation Stress Syndrome, risk for
- Renal Perfusion, risk for ineffective
- Resilience, impaired
- Resilience, readiness for enhanced
- Resilience, risk for impaired
- Role Conflict, parental
- Role Performance, ineffective
- Self-Care, readiness for enhanced
- Self-Care Deficit, bathing
- Self-Care Deficit, dressing
- Self-Care Deficit, feeding
- Self-Care Deficit, toileting
- Self-Concept, readiness for enhanced
- Self-Esteem, chronic low
- Self-Esteem, risk for chronic low
- Self-Esteem, risk for situational low
- Self-Esteem, situational low
- Self-Mutilation
- Self-Mutilation, risk for
- Self-Neglect
- Sexual Dysfunction
- Sexuality Pattern, ineffective
- Shock, risk for
- Sitting, impaired
- Skin Integrity, impaired
- Skin Integrity, risk for impaired
- Sleep Deprivation
- Sleep Pattern, disturbed
- Sleep, readiness for enhanced
- Social Interaction, impaired
- Social Isolation
- Sorrow, chronic
- Spiritual Distress
- Spiritual Distress, risk for
- Spiritual Well-Being, readiness for enhanced
- Standing, impaired
- Stress Overload
- Sudden Infant Death Syndrome, risk for
- Suffocation, risk for
- Suicide, risk for
- Surgical Recovery, delayed
- Swallowing, impaired
- Thermal Injury, risk for
- Thermoregulation, ineffective
- Tissue Integrity, impaired
- Tissue Perfusion, ineffective peripheral
- Tissue Perfusion, risk for decreased cardiac
- Tissue Perfusion, risk for ineffective cerebral
- Tissue Perfusion, risk for ineffective peripheral

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Causes. Nursing shortage is an issue in many countries. To interpret the problem, psychological studies have been completed to ascertain how nurses feel about their career in the hope that they can determine what is preventing some nurses from keeping the profession as a long-term career. In a study completed by sociologist Bryan Turner, the study found that the most common ... Download Free PDF. Download Free PDF. CLASSIFICAÇÃO DOS RESULTADOS DE ENFERMAGEM (NOC) Tradução da 4ª edição. Vanessa Cabral. Download Download PDF. Full PDF Package Download Full PDF Package. This Paper. A short summary of this paper. 37 Full PDFs related to this paper. Read Paper. Enfermeria Medicoquirurgica 14a Edicion.pdf as PDF for free. More details. Words ... los redactores y el editor no son responsables de los errores u omisiones del texto ni de las consecuencias que se deriven de la aplicación de la información que incluye, y no dan ninguna garantía, explícita o implícita, sobre la actualidad, integridad o ... With course help online, you pay for academic writing help and we give you a legal service. This service is similar to paying a tutor to help improve your skills. Our online services is trustworthy and it cares about your learning and your degree. Hence, you should be sure of the fact that our online essay help cannot harm your academic life. The fifth edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM), the DSM-5, was approved by the Board of Trustees of the APA on December 1, 2012. Published on May 18, 2013, the DSM-5 contains extensively revised diagnoses and, in some cases, broadens diagnostic definitions while narrowing definitions in other cases. The DSM-5 is the first major edition of ... Fundamentals of Nursing provides you with all of the fundamental nursing concepts and skills you will need as a beginning nurse in a visually appealing, easy-to-use format. ... Download Free PDF. Fundamentals of Nursing Ninth Edition. Khairiah F Heida. Download Download PDF. Full PDF Package Download Full PDF Package. This Paper. Volume 15, 3 Issues, 2022 ISSN: 1874-6128 (Online) ISSN: 1874-6098 (Print) This journal supports open access 12/07/2021 · Premium collections porno xxx comics, hentai pictures and cartoons. On our site, hot xxx comics and hentai images in 3D, porn cartoons, animated xxx comics in high quality, watch for free, download free torrent porn comics and animation, quickly download the material you like at maximum speed! Updated collection of beautiful porno comics for adults, modern ...

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