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The Gender Quest Workbook: A Guide for Teens and Young Adults Exploring Gender Identity is an insightful and supportive resource designed for young people who are questioning or exploring their How Do You Want Your Kids to Remember You?A Workbook for Fathers Who Have Harmed Their Partners and Families and Want to Change is a detailed and transformative guide designed The Bubble Book: A Coloring Book and Guide to Helping Protect Children and Their Personal Space is an engaging and educational resource designed to empower children and educate them about The booklet is a helpful resource designed to provide information and support for teenagers who have ADHD or anyone who knows a teenager with ADHD. This booklet explains what ADHD Coping with Pressure at School is a helpful guide specifically designed for teenagers who may experience various challenges and pressures related to their school life. This booklet acknowledges the commonLooking for ideas to create a daily routine chart for kids? This sample routine is for school aged children 5-11 years old. It is a good way to help children independently manage their everyday activities and schedule. A daily timetable or even a simple checklist without timing can help children see by themselves what comes next in their day. School going children benefit by knowing their morning routine before school and also what they should do after they get home. Routines teach children responsibility, trust and accountability, while at the same time building their independence and confidence. The routine that I share below is in the form of a checklist. It is a step by step daily routine that children can confidently carry out on their own. According to research, one of the best ways to build our childrens confidence and self reliance is to give them more control over the day to day dealings of their life. When my eldest was three years old, we were ready to transition from his toddler routine to a more grown up school time routine where he would know what he had to do each morning- when he got up, in the afternoon- after coming from school and in the evening at bedtime. Kids dont understand time. Also, having an adult after them every time makes them feel like they are totally dependent on us. A routine with steps that explains what they are to do next, helps them easily carry out their tasks by themselves. Related: If you would like to see the Summer time schedule see here. We also have a toddler routine that we use for our three year olds here. My daughters were 4 and 5 years old at that time. They had just come home from school. Leaving their bags in the door way, one went straight to her room in her shoes. The other demanded that she be allowed to go next door to play. They hadnt even had their lunch or changed their uniform. The morning had been a chaos with me running around looking for a notebook that the elder one had misplaced. I couldnt handle any more trouble that day. Compare these two to their brother. Sharply at 3pm, their 10 year old elder brother walked in. He placed his shoes in the cabinet, washed his hands at the sink and wiping them on the hand towel pulled his bag to his room. A few minutes later, he emerged in clean clothes. All the while talking about his day and asking me about mine, as he sat down to have lunch. Half an hour later, he retired to his room for quiet time. I couldnt believe my girls were so different from their brother. Then I remembered. He is the child who knows what he supposed to do after he gets home from school. He had been learning and practicing the drill for five years now As I was saying, children learn on routines. If they know what they are supposed to do and when to do it, it becomes easy for everyone. There is less stress and more cooperation. There is also more time for activities and play. A happy child – a happy mother. My daughters had schedules too but they had no visual reminders about what they were really supposed to do when they got home from school or woke up in the morning. I would help them with everything reminding them what to do next. The routine chart that I am sharing today, I wrote it about nine years ago when my son had just started preschool. We have been following it all these years and when we had two more preschoolers, it was just a natural adaptation from the baby routines that they followed. When I first started this daily routine with him, it was just a handwritten piece of paper stuck on his cupboard. We had tried all the fancy illustrated and pretty chore-chart kind of schedule charts but he just took them lightly. So, one night exhausted, I wrote up this chart for him to follow. It was easy. He could read simple sight words by then so, he understood the details. It was practical, step by step and everything in one place. If your child is 4 years or older, print this out and give it a try. Explain to them how it works. You will have to help them adapt to it for a week or so. Gradually, they will learn to follow it all by themselves. Let me explain the routines and why I have emphasize those habits. Morning Routine Before School Every morning, as soon as I get up, I ask my children to fold their blanket. We dont do the spread the blanket and tuck into bed because my children play on their bed too. Folding blanket and placing by their pillow helps keep the bed tidy and easier to clean when they have to pick up the toys. Next they move to the bathroom, freshen up and then get ready to go to school. Kids need breakfast before school to maintain their energy. I give them points for breakfast. I believe in recognizing good behavior so we do a lot of star charts in our house. Also we talk often that eating their food means thankfulness. Then they are off to school. Related: Need the star charts? Get it here! After School Routine for Kids. When children come home from school, they are either very tired or they are hyperactive. My eldest, as long as he was in Kindergarten, was hyperactive but since starting grade school, he is always tired. We have a few must do things but mostly I leave them to themselves. For example, washing their hands is a must! But... I dont force or nag behind them for other things because I know they are tired. They usually take things to their place themselves. If not, I do it for them half way. Like for example, if they dont remove their lunch bag or take their bags to the room then, Ill just pull it myself while following them to the room. Once there, Ill pull out their lunch box and hand it to them to put it in the kitchen. Theyll gladly do it. Most days, if I have forgotten or gone to the kitchen, theyll come by themselves with it. One thing that I try to do regularly, is to make sure they shower daily or at least spend sometime playing with water. We live in a hot and humid country and kids come home sweaty. I am sure you know how much dirt (and germs!) they bring home. It is so important that they cool off. I consider shower as essential sensory play for them. In the past when my son was that age, I was always troubled how angry and cranky he would be after school. He didnt want to nap as he was transitioning but he needed to relax. The time in the shower or playing with his toys and water was a great way to unwind. Hewould cooperate easily afterwards. Bedtime Routine for Kids: We have the 10 minutes to a clutter free morning routine every evening to save time. This is where their chores come in. I want them to only get their bags and stuff ready nothing more. School going children need to change their underclothes everyday. It is very important part of keeping them healthy and keeping infections away. (more about this in a post on its own.) I am also particular about how much milk they take. My eldest hardly ever drinks milk. Lil if I dont set a limit on her, will drink milk all day. The youngest one goes days without milk but she needs it. So We have this rule. It keeps all three of them in their limits. This is our daily routine chart that we follow with our children. It has worked for us for all these years. The routine that I shared here is just an example of my kids routines. In the past 12 years, I have helped many families set everyday routines and habits with their children. If you are intereste din setting a daily routine for your kids that works, here is what you can do next: Step 1: Sign up for our Perfect Routines Challenge to create a routine that is customized for your family. Step 2: Grab the Calm Confident Childrens Bundle. It is our digital resource library of routines for kids. Id love to hear from you! Talk to me on this topic: daily routine chart for children. What is your childrens routine? This daily routine chart is perfect for older kids and it is a great way to boost confidence, build independence and help your child to build good habits. Research has shown the importance of predictable routines in childrens development. According to the American Academy of Pediatrics consistent daily routines help children feel safe, manage stress and develop independence. Its especially helpful for older kids who thrive on autonomy or are working on executive function and time management. Designed for kids who can read, this chart is free to print off and includes a morning routine, a bedtime routine, and a blank page to personalize. Its the perfect addition to your childs daily life, whether youre trying to encourage healthy habits or simply reduce the stress level around daily transitions. If your child is not yet reading or is more of a visual learner this bedtime visual schedule and morning picture routine chart would be great options! This routine chart pairs really well with this chore chart too! This free printable comes with two pages: Morning & Bedtime Routine Chart The morning routine chart includes these tasks: Brush teeth, brush hair, wash face, get dressed, eat breakfast, make bed, pick up room The bedtime routine chart includes these tasks: Brush teeth, pick up games & toys, pack backpack, layout clothes for the next day, wash face, put on PJs, read or prepare for bedtime Blank Weekly Routine Page This page is blank and allows you or your child to fill in tasks that fit your schedule or routine Each chart runs Monday through Friday with checkboxes for kids to mark off as they complete their tasks. Even young children benefit from predictable routines, but for older kids, a simple routine chart becomes a really great tool for building responsibility and confidence. Here are a few ways that this chart can help with day to day tasks: Encourages flexible thinking: Filling out the blank chart allows your child to build planning skills and adapt to changes week to week Improves time management: Routine charts can help kids anticipate transitions and manage expectations at home Reduces power struggles: I mean, I cant be the only mom that has to repeat herself every night, this checklist has been a game changer in our house Supports independence: Allows kids to complete the tasks without being asked, building confidence and independence This routine chart is great for: Families looking to add visual reminders to daily life Parents of kids with ADHD or those who struggle with executive functioning Kids who thrive off of schedules or who love structure to their daily activities Laminate it and use dry erase markers to mark off each task once done and reuse week after week Post it in a visible spot- we prefer to put it on our bathroom mirror but a fridge or bedroom door are good options too Review it together at the start and end of each day to reinforce good habits and always use encouraging statements to build motivation Personalize it! Add stickers or allow your child to decorate their chart to make it their own Just complete the box above and an email will be sent to you immediately with a link to the PDF file. We recommend printing one off per child so they can have their own chart to work off of. This is intended for personal use and classroom use only. Are you looking for a cute yet, simple daily schedule for kids? You are at the right place. We have made an adorable timetable template for kids that is perfect for all ages. This schedule is great for teaching kids how to keep their routines organized. The fun part is it is fully customizable. To edit it, download the PowerPoint files provided below at the end of this blog. You can edit it according to your requirements. You can also edit the text in any language. Do you Keep on thinking what on earth do you do with these little devils all day? When kids have little to do to exhaust them, there is a great chance they become chaotic. Staying indoors is the new norm nowadays, which is why altered schedules are just what you need to foster proper growth and structure. The kids who may not be going to school are still learning discipline and the art of going by a set of procedures. The daily schedule for kids can be used for distance learning to keep students on track. If you only want to hand it over to your little angel to fill in, print the PDF file. Click the pictures below to download or print a PDF. Related: Check our list of free timetable templates and planners for kids Fill out the timetable template according to your requirements and print it. It is easily editable. Parents, teachers or kids can use these to organize their daily routines. If you are a person who wants everything organized and scheduled then, this template is indeed for you. With the help of this template, you can see your whole day in a flash. Click the pictures below to download the editable ppt file. Use this already-filled template if you only want to make a few changes. Coloured timetable templates for your little munchkins. A consistent daily schedule provides children with a sense of structure and predictability. It helps regulate students biological clock, leading to improved sleep patterns and overall well-being. Routine fosters a sense of security, reduce anxiety, and enhances time management skills. Additionally, consistent schedules facilitate smoother transitions between activities and enable children to allocate time for learning, play, and rest. When creating a balanced schedule for school-age children, consider allocating time for schoolwork, physical activity, creative play, meals, family time, and sufficient sleep. Ensure a mix of structured activities, free play, and quiet time. Its important to strike a balance between academic tasks and recreational activities to support students cognitive, emotional, and physical development. Parents can incorporate learning activities by designating specific time slots for reading, educational games, and creative projects. Integrate learning seamlessly into daily life, such as involving children in cooking to teach math and science concepts. Trips to museums, nature walks, and discussions about everyday phenomena also encourage learning beyond traditional study time. A positive morning routine can be established by setting a consistent wake-up time, allowing time for a healthy breakfast, engaging in a brief exercise or stretching session, and fostering a calm environment. Minimize rushed mornings by preparing outfits and backpacks the night before. Encouraging positive interactions and offering praise can set a positive tone for the day. A structured evening routine signals to children that its time to wind down and prepares them for restful sleep. Activities like reading a book, taking a warm bath, or practising relaxation techniques can help calm their minds. Consistently going to bed at the same time supports the bodys internal clock, leading to improved sleep quality, which in turn positively affects behaviour, attention span, and emotional regulation during the day. Also, off-line activities that enhance learning. Our program is not exclusively web-based. A lot of the activities are done around the home, including writing, brain-body activities, and more. Each day has 4-6 activities for a total of 45-60 minutes of work. Learn more about the Summer Reading ProgramScholar Within was founded by learning expert Bonnie Terry, M.Ed., BCET. Bonnie began designing and developing her own custom educational tools when she started her private learning center in the 1990s. Teachers kept asking what she was using with the kids who saw her because of the dramatic improvements that the kids made in school. From there, Bonnie decided to make her materials available to teachers and families worldwide. Now, Bonnie Terry has turned her materials into a full-service online program that you can follow step-by-step at home, on your schedule. School alone is not enough anymore. Bonnies programs boost your kids overall learning skills by focusing on improving the auditory, visual, and tactile processing areas of your brain to make it work more efficiently. Learn more about the Summer Reading Program The guide from Family Futures centres on the transition process for children moving into permanent placements such as adoption. It highlights the connection between positive beginnings and successful long-term outcomes The Told in South Yorkshire Life Story Work & People with Dementia resource pack is a comprehensive guide for professionals and caregivers engaged in life story work for dementia NewDay Direct Work Toolbox: Voice of the Child Worksheets and Activities is a carefully curated resource designed by the NewDay team to support professionals working with children and young people The Developmental Milestones Checklists & App provided by the CDC (Centers for Disease Control and Prevention) is a valuable tool for parents and caregivers to track their childs developmental milestones The Teach Kids About Autism: Kit for Kids is an engaging program designed to educate elementary and middle school students about autism and promote inclusivity in the classroom. The kit Schools out, and summer is here! Pool parties, backyard barbecues, days at the river and summer learning loss! Hold up. Wait. Lets put a stop to the summer learning loss, but lets keep the good stuff. Kids often lose much of what they learned from the school year over the summer. This is because most of the time, during the summer, we dont spend much time stimulating the brain and keeping kids active.Having a routine is essential to success.Routine gives all of us structure and a sense of accomplishment.Keeping our kids in a routine will help with their stress level,keep their brains in work mode vs. vacation mode, and help parents not turn into babysitters! We have some recommendations to help:Have regular times for waking up, eating lunch, and having dinner. Create a routine for study time (preferably the same time each day for a set amount of time). This can and should include reading for pleasure. Set aside time for exploration, whether it is doing an activity in the yard or exploring cooking, creating with Legos, painting, doing puzzles, sock puppet shows, or crafts. You can completely customize the schedule, download it as an image, print it out, and share the schedule.Weve populated the Daily Schedule PDF so that you have a base to start with but fill it in with what is best for you and your kids.The key here is to try to create consistent times throughout the day for studies, eating, and family time.Download the Daily Schedule PDF Try our brain-based, research-based, and results-driven Summer Reading Program. Scholar Within reading program is unique in that it is delivered online, with video lessons, printables, and offline activities that enhance learning. Our program is not exclusively web-based. A lot of the activities are done around the home, including writing, brain-body activities, and more. Each day has 4-6 activities for a total of 45-60 minutes of work. Learn more about the Summer Reading ProgramScholar Within was founded by learning expert Bonnie Terry, M.Ed., BCET. Bonnie began designing and developing her own custom educational tools when she started her private learning center in the 1990s. Teachers kept asking what she was using with the kids who saw her because of the dramatic improvements that the kids made in school. From there, Bonnie decided to make her materials available to teachers and families worldwide. Now, Bonnie Terry has turned her materials into a full-service online program that you can follow step-by-step at home, on your schedule. School alone is not enough anymore. Bonnies programs boost your kids overall learning skills by focusing on improving the auditory, visual, and tactile processing areas of your brain to make it work more efficiently. Learn more about the Summer Reading Program The guide from Family Futures centres on the transition process for children moving into permanent placements such as adoption. It highlights the connection between positive beginnings and successful long-term outcomes The Told in South Yorkshire Life Story Work & People with Dementia resource pack is a comprehensive guide for professionals and caregivers engaged in life story work for dementia NewDay Direct Work Toolbox: Voice of the Child Worksheets and Activities is a carefully curated resource designed by the NewDay team to support professionals working with children and young people The Developmental Milestones Checklists & App provided by the CDC (Centers for Disease Control and Prevention) is a valuable tool for parents and caregivers to track their childs developmental milestones The Teach Kids About Autism: Kit for Kids is an engaging program designed to educate elementary and middle school students about autism and promote inclusivity in the classroom. The kit Recommended Posts Page 2 Adolescence is a time where we begin to explore and assert our independence. Teenagers do not need as rigorous of a schedule as young children do, but they still benefit from routine and structure. Allow your teen to come up with their own schedule from these recommendations below. SCHEDULE FOR 13-18 YRS OLD9:00 10:00 amWake Up, Get out of bed, Eat breakfast10:00 12:00 pmHomeworkCreate workspace, Have your teen pick a spot where they can work uninterrupted. Have them organize and/or decorate it in a way that they feel will help them be productive and motivated. (Ex. Use a special notebook or colored pens that make note-taking and writing more fun.)12:00 1:00 pmLunch and Clean UpHave your teen make a meal for the familyWash hands before and after eatingBring dishes to sink, load dishes into dishwasher or help dry dishes!1:00 2:30 pm2:30 4:30 pmGet Active! If its nice outside, go for a run/walk, ride a bike, set up an obstacle course! your teen is involved in sports, have them practice what they can at home (Ex. If your child plays basketball, have them practice dribbling and ball-handling skills. If your teen plays baseball/softball, have them practice their swing, strengthen their arm through push ups, roll ground balls/throw pop-flysin yard)On a rainy day, pull up home workout videos on YouTube (e.g., yoga, interval training, dance videos, etc.)4:30 6:30 pmElectronic TimePlay on iPad/tablet/computer/phoneUse social mediaWatch TV/movie6:30 7:30 pmDinner and Clean UpWash hands before and after eatingBring dishes to sink, load dishes into dishwasher or help dry dishesAllow your teen to help with meal prep a few times a week. If they have an interest in cooking, allow them to prepare a meal for the family.7:30 9:00 pmWind-Down TimeTake a shower/bath (use bath bombs, listen to music)At-home spa treatments like face masks, paint nails, etc.Put on pajamas, brush teeth, wash face9:00 10:00 pmBedtime RoutinesReadLight candlesListen to musicJournalMeditate or do mindfulness exercisesSleep Recommended Posts Page 3 We have six children all together. When our oldest four started to grow up and leave our house, we had Ronald Jr., and then his baby sister. We were very experienced parents and thought we knew what we were doing. But Ronald Jr. wasnt meeting developmental milestones. We werent bonding with him naturally. He would scream excessively and only my wife could console him. This left me feeling frustrated and alone. It was breaking my heart to not be able to communicate with my son, Ronald Sr. shared.Tonya continued, When Ronald Jr. was two and a half he was diagnosed with Autism. When we got the diagnosis I felt so relieved. It may sound weird but we finally knew what was going on with Ronald Jr. and could start taking steps to help him. We found The Childrens Center and knew immediately this was the place for our child. Our get help for your child and you also get the training and education you need for when you go home at the end of the day. As soon as we walked in the door, Ronald Jr. took to his behavior technician who has such a comforting and calm presence.We are two years into Ronald Jr.s treatment here. When we started services, he was nonverbal. Now he is talking all the time and knows how to ask for what he wants. We completed the intensive potty training program and he was potty trained in just two weeks. Ronald is interacting and playing with his baby sister. He has become an adventurous eater. He impresses us every day with his problem-solving skills.The most uncertain part is his future. What will it be like when he becomes a teenager? An adult? We really dont know what is going to happen a year or two from now, but we know we have help. We know we have The Childrens Center to help guide us through whatever comes our way. Recommended Posts Page 4 Imagine your child having a disorder that will stay with him or her forever. Autism Spectrum Disorder (ASD) doesnt go away, and we take that to heart. Without proper treatment, ASD can cause significant issues for children as they age. The good thing is, through intensive behavioral therapy, children may significantly improve their cognitive and language skills. These skill improvements create lifelong changes for children and their families that give them an opportunity to succeed.Because of you, our children with ASD are improving every day.One of the ways you are helping children is by supporting our Applied Behavior Analysis (ABA) program. ABA is an evidence-based way of teaching children essential skills that are key to their growth: from communication to social play skills, toilet training and addressing picky eating behaviors, ABA creates sustainable change in the lives of the families we serve.You make all of this possible:Children in the program receive one-on-one behavioral therapy at a rate of 15 to 30 hours per week to address their individual treatment goals.Behavioral Analysts work closely with each family to help each parent learn strategies to engage their child at home and in the community, and to troubleshoot behavioral challenges that arise.Language development assistance is available using the evidence-based Picture Exchange Communication System (PECS). This methodology, in which children exchange pictures with others, helps students learn to communicate their wants and needs calmly.Due to your committed support, our staff are able to provide thorough 1:1 treatment to children with ASD and other developmental disorders. Thank you for giving them promising futures. Autism, Autism Spectrum Disorder, Heroes of Hope Recommended Posts Daily routines are great to keep kids on task, keep them from getting bored, and teaching them responsibility. These free printable daily routine charts and checklists for kids will help your children learn to be responsible for their chores and hygiene every day. There are separate checklists and charts for morning routines, night routines, after school routines and some that incorporate all of those into one checklist or chart.Ive designed some of the daily routine charts for little kids like preschoolers going all the way up to high school.I hope you love them and find just what youre looking for.How To Print The Daily Routine Checklists For KidsClick the link or image of the daily routine checklist youd like to download. A PDF file will open.Use the icons in the top right corner to download and print your kids daily checklist.There are 11 different daily routine charts to choose from. So I know youll find the perfect one.Please note that these free printables are for personal use only and may not be used for commercial use, sold, or altered for selling in any way. If you would like to share these daily to-do lists, please share this post. Thank you!The Best Way To Use The Daily Chore Chart PrintablesOn some of the daily task checklists, you can write in any additional chores, cleaning or tasks you want your kids to do as part of their daily routine on the daily chore list.Put the kids daily routine chart in a frame and your child can use dry erase markers to check off the boxes next to each task for the day.This way you dont have to keep printing out the routine sheet over and over.You can also laminate it. If you dont have a laminator, you can get self-laminating sheets that can be used without a laminating machine.Some of the daily checklists also include printable check marks. You can print them out, laminate them and put double sided tape on them so your child can place a satisfying green checkmark over the task theyve completed. Then they can be removed and reapplied the next day.At the end of the day you can wipe off the marker and start over the next day.Kids Daily Checklists Are Game ChangingUsing this kids daily responsibilities checklist is going to make your life so much easier. No more fighting with your kids or reminding them a hundred times a day to do their chores or take care of their hygiene.By giving your kids a daily to do list theyll know what to do every day and when they supposed to do it. This works great as a daily checklist for students who need to get themselves ready for school, get their homework done, and get their daily chores done before having free time or electronics time.Your kids will feel good that they accomplish all the tasks on their list and you wont have to remind them of every little thing they need to do before bed.This one is a game changer if you have a hard time getting your child to bed.This night routine chart includes printable checkmarks for your child to use to mark off each activity or chore they finish.GET THE NIGHT ROUTINE KIDS CHECKLIST Evening To Do List For KidsThis is another evening to do list for kids that can be used from after school to bedtime.Its great for younger kids because it not only has words, but also pictures so theres never any confusion about what their responsibilities are.This night routine chart has printable checkmarks to cover each activity after its been accomplished.It will be a lot less hassle getting kids to do their school work and simple tasks at bedtime.DOWNLOAD THE EVENING TO DO LIST FOR KIDS Daily Routine ChartThis daily routine chart is for kids, but the design is one that adults could use as well.This has the daily routine with an entire week that can be checked off on one page.This daily responsibilities chart is great for kids that are a little older.Put it on a bulletin board to keep track of daily tasks.PRINT OUT THE DAILY RESPONSIBILITIES ROUTINE CHART Kids Morning Routine ChartThis kids morning routine chart is great for preschool and kindergarten kids because it has pictures to go with the words and large printable check marks to cover each task as its completed.Your child will feel as sense of accomplishment as they mark off each item on the activity chart.This is a great tool to get kids used to sticking to a routine every day.If you have a little kid, youll want to print this morning routine checklist out.DOWNLOAD THE MORNING ROUTINE CHECKLIST FOR KIDS To Do Checklist For KidsThis to-do checklist is great for kids, but adults will love it as well.Its a pretty pink daily to do list with blank lines to fill in any tasks and responsibilities you want.There are even small circles next to each line of the simple checklist to check off each activity as its completed.PRINT OUT THE PINK DAILY TO DO LIST FOR KIDS Morning Checklist For KidsThis morning checklist for kids not only has the morning activities that need to be completed, but also a space for notes and reminders in case there are special things that need to be noted for that day.You can remind your kids of extra chores that need to be done or activities that are coming up later in the day.Its a great reference point to keep kids on task.They can make a red cross mark or green checkmark next to each task they finish.PRINT OUT THE MORNING CHECKLIST FOR KIDS Blank Daily Checklist For KidsThis smiley face daily checklist for kids is a cute way to brighten their day.This to-do list is blank so you or they can write in their daily activities, tasks, and chores that need to be done before screen time and throughout the day.Once theyve finished each responsibility, they can check off the box next to the line. DOWNLOAD THE BLANK DAILY CHECKLIST FOR KIDS Morning Routine Chart For KidsThis is a fun and colorful morning routine chart for kids to get them going in the morning.There are correlating large circle check marks for your child to put over each activity once they complete it.This one is good for little kids since its very simple to follow. Ending with the circle that says Have a great day is the perfect way to send kids off to school with a positive attitude.GET THE PRINTABLE MORNING ROUTINE CHART FOR KIDS Other Printables To Help Your Kids Have A Great DayDAILY AFFIRMATION CARDS FREE PRINTABLEThese free printable daily affirmation cards are the perfect way for kids to start the day on the right foot with self-confidence and positivity.Kids can read all of them in the morning or draw one card each morning for a special daily affirmation for that day.They can also be taped around the house as positive reminders throughout the day.FREE PRINTABLE LUNCHBOX NOTESBring a smile to your childs face with a cute lunchbox note just from you. There are several different ones to choose from.I even made some with just pictures for preschool and non-readers so they can share in the joy too.

Daily routine chart for 9 year old printable. Daily routine for 9 year old. Daily routine chart for 3 year old. Daily routine for 9 year old boy. Daily routine chart for 4 year old. Daily schedule for 9 year old at home.